Teddy Bear Day Care and Preschool Newsletter





November 2025



November Events

November 11



Our centers will be losed on Tuesday, November 11 in honor of Veteran's Day.



Annual Thanksgiving Luncheon

Parents are welcome to join us!

Nov. 26, 12:00pm at Merton Court

Nov. 26, 11:30am and 12:00pm at University Mall

November 27-28

Our centers are closed on Thurs., Nov. 27 and Fri., Nov. 28



November News

October was a fun and festive month for our staff and children! The children enjoyed celebrating Halloween as they went for a "parade" in their costumes! November's theme for Preschoolers, Jr. and Sr. Pre-k children is about "nutrition, fall, family, being thankful, Pilgrims and American Indians". The Preschoolers will discuss self-identity, naming emotions, and building relationships. They will also review names of traditional Thanksgiving food items. Jr. and Sr. Pre-K will be introduced to the letters "Hh", "Bb", and "Ss" with group experiences to help them recognize these letters and their sounds. Jr. Pre-k will be working with the "rectangle" shape, the colors brown and yellow, and hidden pictures "1 to 5" objects. Sr. Pre-k will be working with number amounts 15 to 20, numerals 1-5, hidden pictures, following simple directions, beginning rhymes, and experiment with making water move! All children will sing new songs about the holiday and share what they are thankful for. ***Teacher's tip: ask your child, "What did you do for WORK TIME today?"***

What's so great about the Dress-Up Area?

The dress-up area provides opportunities for role-play of fantasy heroes AND real-life situations. Children can deepen their understanding of themselves and others, build creative thinking, pretend, dress/undress themselves, enhance social development (taking turns/cooperate), and strengthen their self-image. Staff encourage their social skills, challenge them to turn a superhero into a kind of person who settles conflicts without violence, and allow children to work out their difficulties independently. We practice: "I find it. I return it." to help clean up. ***Ask your child to practice clean-up at home with their toys or clothes.***









Looking Ahead

We will be closed on Wed., Dec. 24th and be closed Thurs., Dec. 25th for the Christmas holiday.

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Why is "play" so vital for children? It improves their mobility of thought, problem-solving skills, develops their attention span, gross motor skills and hand-eye coordination.

Science Experiments At-Home

Grow a Plant from a Sweet Potato

(Allow your child to do the steps they can manage.)

Fill a tall clear glass with water. Poke toothpicks on all sides of a sweet potato. Place the sweet potato in the glass of water.



The toothpicks should rest on the rim of the glass (see image). They hold the sweet potato in the water but keep the top of the sweet potato dry.

In about a week, roots will begin to grow from the bottom of the sweet potato. Green leaves will start to grow from the top of the sweet potato. Soon, more and more leaves will grow from the top of the potato, and the roots will get bigger and bigger. In a few weeks, you will have a green leafy vine in your house. When your vine gets big, you can plant the potato in a pot with soil – or you can leave the potato in the glass.

Courtesy: Easy Science Experiments, 1993, by Diane Molleson and Sarah Savage

Thanksgiving Bowling with Turkeys

With just a couple of brown plastic cups, some construction paper (cut out some feather shapes and beaks), and plastic googly eyes, you can challenge the family to a friendly Thanksgiving bowling tournament! Mini pumpkins or a tennis ball could make the perfect "bowling ball". Encourage your child to decorate their turkey "pins" by supplying some school glue or tape that will help their cut-outs and googly eyes stick to the brown plastic cups.



www.theseasonedmom.com/thanksgiving-game-turkey-bowling/

Cooking Corner

A great way to teach your child principles of good nutrition and encourage healthy eating habits for life is to let them cook and/or prepare meals with you. Let their skill set (and your comfort level) be your guide.



Turkey Nuggets:

You'll need slices of turkey (leftovers work too!), 1 tbsp. of milk, 2 tbsp. of honey, and your choice of bread crumbs. Children can use a small round cookie cutter to cut medallions of turkey. Mix milk and honey in a small bowl. Put bread crumbs in another bowl. Dip medallions in milk/honey mixture, then crumbs, and set on baking pan. Broil on low for a few minutes, on each side, until slightly golden.



Crunchy Chickpea Snack:

You'll need 1 can of garbanzo beans (chickpeas), olive oil, and salt. At your discretion, your child can drain the chickpeas in a colander and pat dry with a paper towel. In a bowl, toss chickpeas with a drizzle of olive oil and a little salt. Spray baking sheet with non-fat olive oil spray and then spread chickpeas on pan. Parents, place pan into the oven at 400° for about 30 minutes. Toss about every 10 minutes to prevent burning. Let cool. Chickpeas will get crunchy upon cooling.

(Recipes found at www.parenting.com)