

Teddy Bear Day Care and Preschool Newsletter



September 2026

September Events

September 4



September 7



September 13

National Grandparents' Day



Tour our locations and find out why families have chosen us since 1972!

September News

We are excited for the 2026-2027 school year to begin, and we are delighted that you have chosen to become part of our family! Our staff are eager to learn more about your child, his/her interests, and helping them make new discoveries! Staff can help you develop a good-bye transition when dropping off your child in the morning. We want you to know that your children are in good hands. Whether your child is attending our school for the first time or transitioning to their new classroom, feel free to call the center during the day if you would like to check on your child.

Per the HighScope Curriculum, staff will be implementing the "First Thirty Days" schedule during the month of September. Staff will be focusing on getting to know your child, helping your child become familiar with the HighScope routine, the arrangement of their classroom, and helping him/her learn the "symbol" that goes with their name (example: 🍌 banana carries the "B" sound for a name like Barry or Becky). Their symbol is placed on their coat hook, mailbox, helper's chart, and sit-upon.

Children are gradually introduced to each of the "Interest Areas" in their classrooms: block, house, toy, art, book, music, and science; writing and listening areas are available for Jr. and Sr. Pre-K children. Children may experience for themselves what they can do with the materials. As children work with their peers and adults, they are developing their personal and social-emotional skills, and experiencing more about the world around them.

What Can Children Discover in the Block Area?

Children are given opportunities to develop key skills in the block area: 1) classifying by shape, size, and color, 2) matching and naming objects, 3) experimenting with balance, 4) recognizing simple number concepts, and 5) testing hypotheses. Staff will introduce unit (solid) blocks first, naming each shape (triangle ramp, half curve, column, etc.), as well as inviting children to compare sizes, estimate how many unit blocks it could take to make a quadruple block (the longest block).

This is the beginning of the concepts of adding, subtracting, and balancing!



Welcome Back to School!



Teddy Bear Day Care and Preschool Newsletter (continued)

September 2026

Why is "play" so vital for children? It improves their mobility of thought, problem-solving skills, develops their attention span and gross motor skills and hand-eye coordination.

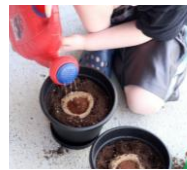
Science Experiments for Preschoolers

Water Displacement: Invite your child to fill a container half-way with water (ask your child to "mark" the water level with a pen or a piece of tape). Then, ask your child to watch the water level as they add objects (stones or rocks) into the container of water. Your child can discover with their own eyes how water is displaced when an object is submerged in it. You could explain that water displacement happens when an object is submerged in a fluid and the fluid is pushed out of the way (or displaced) to make room for the object. The amount of water displaced is directly related to the volume of the object.



<https://happyhooligans.ca/water-displacement-activity/>

Growing Plants: Invite your child to observe and explore plant growth while learning how to grow their own food! Gather Miracle-Gro Gro-ables, Miracle-Gro Potting Mix, plant pots, a child-size shovel, and a watering can. Invite your child to use their shovel to fill the pots with potting mix. Follow the directions on the seed pods and gently push the pod down into the potting mix until the rim of the pod is level with the mix. Use the watering can to water the seed pod and surrounding potting mix. Your child could make observations of the plant growth by drawing pictures and/or telling you what they notice.

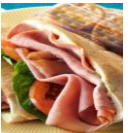


<https://funlearningforkids.com/growing-plants-science-activity/>

Cooking Corner

A great way to teach your child principles of good nutrition and encourage healthy eating habits for life is to let them cook and/or prepare meals with you! Let their skill set (and your comfort level) be your guide.

Flying Saucers: Combine ½ cup mayonnaise and 2 tbsp. mustard; spread 1 tbsp. into each pita pocket half. Stuff each half with one lettuce leaf, two slices of bologna and one slice of ham (or protein desired), and two slices of tomato.



Frozen Chocolate Monkey Treats:

Gather some bananas and cut each crosswise into 6 pieces (about 1 inch). Insert a toothpick into each piece; transfer to a wax paper-lined baking sheet. Freeze until firm, about 1 hour. In a microwave, melt 1 cup of dark chocolate chips with 2 tsp. shortening; stir until smooth. Dip the banana pieces in the chocolate mixture (allow excess to drip off). Dip in toppings as desired.

Return to baking sheet and freeze for 30 min.

before serving and enjoy!

www.tasteofhome.com/collection/easy-recipes-for-kids-to-make-by-themselves/



Indoor Games for Older Two's and Three-Year-Olds

Pompom Hockey All you need are pompoms (any size will work), masking tape, paper plates, and cardboard tubes. To make "hockey sticks", you could cut the paper plate so it has 3 straight edges, and use masking tape to attach the plate to the end of the cardboard tube. You could make "goals" by taping square-shape boxes on the floor with masking tape!



Rainbow Salt Tray Cut long strips of colored paper (use any colors your child likes) to cover the base of your tray. Tape the ends of the paper strips to each other. Ask your child to cover the paper lightly with cooking salt. Give your child a paint brush and encourage them to be creative! They may want to draw pictures, create patterns, shapes, etc. Shake the tray to cover the paper with salt and start again!

